

16TH NOTE ACCENT GRID

Composed by Matt Dudley

Applying accents to the 16th note Grid. In this series we will explore every possibility within the 16th note grid with different hand combinations, keeping the four basic stroke types in mind.

Alternate Sticking (R, L, R, L). Play with alternating strokes. Keep all non accented notes low.

Musical notation for 16th note accent grid with alternate sticking. The exercise is in 4/4 time and consists of four staves, each containing four measures. The notes are grouped in pairs of eighth notes, with accents (>) placed over the first note of each pair. The sticking patterns for each measure are as follows:

- Staff 1: Measure 1: R l r l; Measure 2: r L r l; Measure 3: r l R l; Measure 4: r l r L
- Staff 2: Measure 1: R L r l; Measure 2: r L R l; Measure 3: r l R L; Measure 4: R l r L
- Staff 3: Measure 1: R l R l; Measure 2: r L r L; Measure 3: R L R l; Measure 4: r L R L
- Staff 4: Measure 1: R l R L; Measure 2: R L r L; Measure 3: R L R L; Measure 4: r l r l

Isolating each hand. Start with the right hand playing all the accents and taps then switch to the left hand. Try using a metronome at 50 BPM with the subdivision set to 16th notes. This will give you a guide as to where each 16th note lands so you can be more precise. This is a great exercise for dialing in not only your timing but also stick heights.

Musical notation for 16th note accent grid isolating each hand. The exercise is in 4/4 time and consists of four staves, each containing four measures. The notes are grouped in pairs of eighth notes, with accents (>) placed over the first note of each pair. The sticking patterns for each measure are as follows:

- Staff 1: Measure 1: R r r r / L l l l; Measure 2: r R r r / l L l l; Measure 3: r r R r / l l L l; Measure 4: r r r R / l l l L
- Staff 2: Measure 1: R R r r / L L l l; Measure 2: r R R r / l L L l; Measure 3: r r R R / l l L L; Measure 4: R r r R / L l l L
- Staff 3: Measure 1: R r R r / L l l l; Measure 2: r R r R / l L l L; Measure 3: R R R r / L L L l; Measure 4: r R R R / L L L L
- Staff 4: Measure 1: R r R R / L l L L; Measure 2: R R R R / L L L L; Measure 3: R R R R / L L L L; Measure 4: r r r r / l l l l

Right hand lead. Play accents with the right hand and tap strokes with the left hand.

Musical notation for a right hand lead exercise in 4/4 time. The exercise consists of 16 measures, divided into four groups of four measures each. Each measure contains a rhythmic pattern of eighth notes with accents (>) on the right hand and tap strokes (l) on the left hand. The patterns are as follows:

- Measures 1-4: R l l l, l R l l, l l R l, l l l R
- Measures 5-8: R R l l, l R R l, l l R R, R l l R
- Measures 9-12: R l R l, l R l R, R R R l, l R R R
- Measures 13-16: R l R R, R R l R, R R R R, l l l l

Left hand lead. Play accents with the left hand and tap strokes with the right.

Musical notation for a left hand lead exercise in 4/4 time. The exercise consists of 16 measures, divided into four groups of four measures each. Each measure contains a rhythmic pattern of eighth notes with accents (>) on the left hand and tap strokes (r) on the right hand. The patterns are as follows:

- Measures 1-4: L r r r, r L r r, r r L r, r r r L
- Measures 5-8: L L r r, r L L r, r r L L, L r r L
- Measures 9-12: L r L r, r L r L, L L L r, r L L L
- Measures 13-16: L r L L, L L r L, L L L L, r r r r

Tip! When playing the above exercises be sure to start very slow and focus on the movements of each hand. **Stick heights, stroke types, timing, posture.** These all should be the focus when building your foundation. Please don't treat this as a race to finish the exercise. If you do so it will show in your playing. Treat this like the martial arts of drumming. Proper form along with a great sense of time and feel. That's what we are trying to achieve. Practice smart and have fun!