

DYNAMICS & STICK HEIGHTS

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In the examples below you have dynamics that also have a measurement listed beside them. Get in front of a mirror or front facing camera to monitor each stick height/dynamic. Practice **individual hands**, **unison**, and **alternating strokes**. By practicing the different stickings you will gain a better understanding of each dynamic/height.

1 *pp* = 1"

2 *p* = 3"

3 *mp* = 6"

4 *mf* = 9"

5 *f* = 12"

6 *ff* = 15"

Section 2. Applying dynamics and stick heights in ascending and descending

Section 2 consists of four staves of music, each containing four measures of eighth-note patterns. The dynamics for each measure are as follows:

- Staff 1: *pp*, *p*, *mp*, *mf*
- Staff 2 (labeled 5): *f*, *ff*, *f*, *mf*
- Staff 3 (labeled 9): *mp*, *p*, *pp*, *p*, *mp*, *mf*, *f*
- Staff 4 (labeled 13): *ff*, *f*, *mf*, *mp*, *p*, *pp*, *p*, *mp*, *mf*, *f*, *ff*, *pp*

Section 3. Variations

Section 3 consists of four staves of music, each containing two measures of eighth-note patterns. The dynamics for each measure are as follows:

- Staff 1: *mp*, *p*
- Staff 2 (labeled 3): *mf*, *pp*
- Staff 3 (labeled 5): *f*, *mp*
- Staff 4 (labeled 7): *ff*, *mf*