

SINGLES - SHORT BURSTS

Composed by Matt Dudley

Playing fast and even singles can be a little difficult at times if we're not using the proper technique and focusing more on just the aspect of speed. In this lesson we are learning to double the duration of our 16th notes (32nd notes) so that we can develop short bursts of speed that will carry on to larger bursts of speed throughout the exercise. This will help us develop those fast twitch muscles for us to be able to not only play faster but have more control over the stick and the rebound from the playing surface.

When playing this exercise be sure to start your metronome off at 60 BPM and play nice even rebound strokes. Apply the fingers along with the wrist in perpetual motion.

The image displays a musical score for a drum exercise titled "Singles - Short Bursts". The score is written on a single staff in 4/4 time, starting with a double bar line and a 4/4 time signature. The exercise consists of eight measures, numbered 1 through 8. Measures 1 through 6 are marked with a double bar line and a 4/4 time signature. Measures 7 and 8 are marked with a double bar line and a 4/4 time signature. The notation shows a sequence of notes: quarter notes, eighth notes, and sixteenth notes. The notes are grouped into measures, with some measures containing multiple groups of notes. The notes are written on a single staff, and the exercise is intended to be played on a drum set. The notes are written on a single staff, and the exercise is intended to be played on a drum set. The notes are written on a single staff, and the exercise is intended to be played on a drum set.

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R L R L R L R L R L R L R L R L R L R L

8